

# PML NEWS

What's Happening at Parsons Memorial Library!



## Planning Ahead: A Guide to Advance Directives

It's not always easy planning for the more difficult aspects of aging, but there is help. Join PML as we partner with Northern Light Home Care & Hospice in bringing you the workshop Planning Ahead: A Guide to Advance Directives. On Monday, Jan. 29, from 11:30 a.m. to 12:30 p.m., Jana Grant, MSOT/L BCG, will present the discussion. Grant, manager of Palliative Care Services at Northern Light, will answer

questions including what is an advance directive? Why are advance directives important? And who needs an advance directive? Grant will also offer examples of how advance directives are used. Resources and links will be provided to attendees, along with a copy of the Maine Health Care Advance Directive form, and there will be a gift basket giveaway! RSVP by emailing us at [PML@alfredme.gov](mailto:PML@alfredme.gov) or by calling 207-324-2001



## PML Movie Nights!

It's time to go to the movies...at PML! We're hosting a series of free movie nights, beginning with Groundhog Day (PG) on Feb. 2. On March 1 we'll Meet the Parents (PG-13), and on April 5 it's time to stop by the Little Shop of Horrors (PG-13). We'll supply free popcorn and the movie. You're welcome to bring a comfy camp chair and a favorite snack, and bring a friend! Movie nights will run from 6 to 8 p.m. in the Community Room at PML. See you at the library!



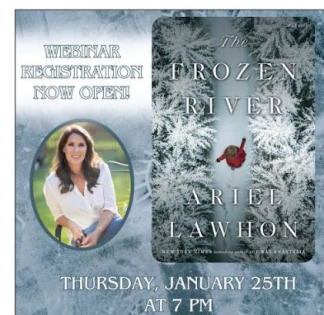
## It's a Pop-Up Pop-Up!

Pop by the Reading Room on Wednesday, Jan. 24 from noon to 6 p.m. to check out a special display of paper engineering delights from a local collector. From a paper farm to other clever pop-ups, you'll be amazed at what people have done with paper.



## Online Author Talk With Ariel Lawhon

Please join Maine State Library online for a facilitated conversation with New York Times bestselling author Ariel Lawhon on her new book "Frozen River." MSL will be talking with Lawhon about her experiences researching and writing the book, as well as what inspired her ideas and processes. The talk will be held on Zoom and Facebook and moderators will take questions from both audiences. To register in advance, visit <https://buff.ly/47be2Oy>. After registering you'll receive a confirmation email with more information.



## Watch the Weather!

'Tis the season...for keeping an eye on the weather. This is a reminder that **if RSU 57 Schools are closed, so are we.** Enjoy those snow days!



## Get Outside This Winter With Help From PML

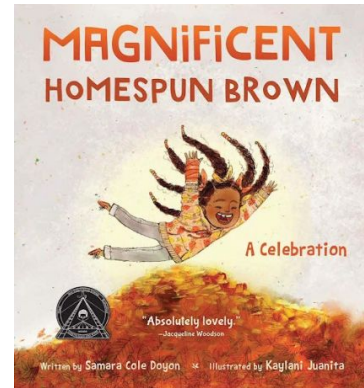


Looking to enjoy some winter fun? PML has the gear you need! We've got sleds for the kids and snowshoes in both child and adult sizes waiting to be checked out for a snowy adventure. If there's enough snow, consider heading to Three Rivers Land Trust on Swett's Bridge Road and enjoying our Story Walk, which will be posted until spring.



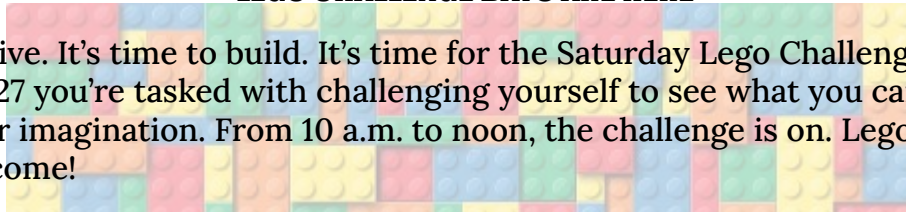
## Join PML for a Very Special Story Time

At PML, we love our Story Time, and we love celebrating. This winter, we've posted a very special Story Time at Three Rivers Land Trust in Alfred, in the form of a story walk along the rolling hills at Three Rivers. This year, the featured book is *Magnificent Homespun Brown*. Park at 235 Swetts Bridge Road and look for the story pages along the hillside. Enjoy being in nature while you read a wonderful story. If there's snow on the ground, we've got sleds and snowshoes to make it even more fun!



## LEGO CHALLENGE DAYS ARE HERE

It's time to get creative. It's time to build. It's time for the Saturday Lego Challenge! On Feb. 3 and 24, March 16, and April 27 you're tasked with challenging yourself to see what you can create using our Lego bricks and your imagination. From 10 a.m. to noon, the challenge is on. Legos will be provided, and all ages are welcome!

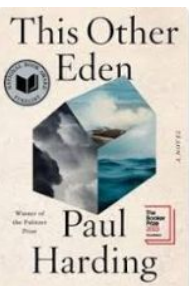


## Save Your Holiday Cards (and Give Them to Us!)

Please save your holiday cards! Instead of bringing them to the transfer station, bring them to us! We'll use them in future crafts!

## Join Us For Story Time and Toddler Time

Join your friends at PML for Story Time, Tuesdays at 10:30 a.m., and Toddler Time, Wednesdays at 11:30 a.m. Story Time is for children of all ages. We'll hear a story, sing some songs, and do crafts and activities. Friendships and smiles abound! Toddler Time is just for littles 0-3 years. They'll get to explore and play at the library. Watch your little one learn about others and their world, while you make connections with new friends, too!



The February title for the Monday Night Book Group will be *This Other Eden* by Paul Harding, a Pulitzer Prize winning work of historical fiction. The discussion will be held Feb. 26 from 5:30-7 p.m., weather permitting. Email us at [PML@alfredme.gov](mailto:PML@alfredme.gov) to reserve your copy.